

YOUR CAREER JOURNEY

YOUR FUTURE, YORK FUTURES



2023/24

GET INVOLVED

SEMESTER 1

FIRST YEAR

Be open to possibilities and find out what motivates you

SEMESTER 2

SECOND YEAR

Fully accessible version available online at york.ac.uk/york-futures



Look out for volunteering opportunities

Dip into virtual and in-person employer events

Start a CV and LinkedIn profile

Explore York Internships
Handshake

Careers website:
Get career ideas

Apply in November to study abroad

Find your strengths with the York Strengths programme

Need to earn while you learn? Search **Handshake** for part-time jobs

Activate your profile in Handshake for job and event alerts

Join clubs and societies from Wk 1

Stay supported with the University's health and wellbeing resources

By the end of your first year you'll

- Have activated your Handshake account to access careers events, appointments and job opportunities.
- Have started to gain experiences through volunteering, internships, enterprise, employer challenges or student committees.
- Have accessed careers sessions to help manage your career development.
- Have completed York Strengths to build self awareness and plan your next steps.
- Have reviewed your CV through CareerSet.

How to do it

- york.joinhandshake.co.uk
- york.ac.uk/careers/workyusu.org
- york.ac.uk/careers/events
- york.ac.uk/york-strengths
- york.ac.uk/careers/applications